

COMBINED MEETING OF THE BCOA BOARD OR DIRECTORS AND FRIENDS OF THE BCOA BOARD –  
January 05, 2026

Board: J. Fuller-Jones, D. Andrews, R. Beauchesne, H. Soones(E), H. Beasley, P. Beckner, C. DeLorey, (E), R. Graham (E), M. James, G. Koelsch , A. McCormack, M. Shepard,

Friends: F. Zakszewski, M. Young(E) L. Dykes, V. Green, M. Badgio, G. Burman, L. Burman, D. Clinton, M. Howard, D. Langer, S. Larke(A), L. Reddin (E)

Legend-E-Excused, A-Absent.

The Minutes of Dec. 1 st Board meeting were approved by members of the board

Treasure's Report = \$11,070.05 was presented and approved by members of the Board.

Chair's Report: (The Chairs report was approved by Board Members.)

First welcome back to those who haven't been with us for a few months. It's awesome to have everyone back. The anniversary party committee has been meeting on a regular basis, and we have a tentative date that actually is 25 years to the day of when the building was originally dedicated 25 years ago. We have the plaque. So we know exactly when that was, and so far, it looks like it's going to look very similar to our ribbon-cutting ceremony with a few extra frills, some live music in the background to keep things moving. The event is being planned for June and should have the date agreed to soon.

Director's Report. Janice was taking care of personal business so her report was provided to Lauren for presentation. The following times were discussed and approved.

As you all probably know by now, we have a few new programs starting up. The first is our self-monitoring blood pressure cuff. It's available to use in the health room on days that the room is not being used. There will also be a training scheduled for February 12th at 10:00 AM with Dottie to learn how to use the cuff, record your readings, and you'll be watching a brief video on how to control your blood pressure.

The second program we are bringing back starting next month is assisting residence to renew their license, change an address, apply for a disability placard, and/or apply to replace an existing disability placard. So please note if you are over the age of 74, you must go to the registry to renew your license. Because you are required to do an eye exam, we are not able to assist with that.

The last program, which will also start next month that I am so very excited about, is the Wellness Nurse Program. We will have a nurse from Atlantic Hill Nursing and Wellness here once a week in the health room to provide the following services free of charge: Vital sign monitoring, blood pressure, heart rate, temperature, blood oxygen, respiratory rate, BMI, and weight. Health screenings, blood glucose, A1C testing, bone density, cholesterol with the coordination of a third-party vendor. The mission is to enhance the physical and mental health of the community reducing hospitalization and connecting individuals with vital resources to foster overall well-

being and independence. We're the only COA in the area who is providing this service. I am hoping that this will be a model for others,

"This year, Lauren, Christina, and I will be working towards our MCOA certification. So to give a little background, we sat in on a Zoom call to kind of explain MCOA allows or offers certification for the director, assistant director, and the activities supervisor. At this time, those are the only ones and although it's not required at this point to have that certification, they are anticipating that down the road it is going to be a requirement. To hold these positions. So it's all done online. It is a nine-month, roughly, one of the things we will need to submit with our portfolios is a vision statement and goals and objectives. This is different from our mission statement. The difference is the mission statement focuses on our present state while a vision statement focuses on our future.

Next month's meeting, I would like to set aside some time to talk about this. It says, "Lastly, it's that time of year when I will be working on the FY27 budget. I will certainly have some increases in a few line items, especially utilities. I think I have a pretty good idea of what it costs to run this new building. If you have any issues or concerns, please let Lauren know and she will discuss them when I return."

#### Assistant Directors Report.

Good morning, happy new year. I hope everybody had a good holiday. I'm just getting back from a couple of weeks off, so I apologize for not having all my information and ducks in a row of what's going on. But I do want to make note that we are now accepting appointments for taxes. The calls are coming in fast and furious. So if you're interested, like everything else that we have filling up, I would suggest booking an appointment as soon as possible. Right now, we don't have the packets that are required, but once we get those in, we'll call people to pick them up. So just putting that out there if you are interested do not hesitate. The Assistant Director report was Approved.

Activities Report Presented by Macey. Upcoming events for January, The activities report was approved.

Date	Time	Activity
1/6	2 PM	Salsa & Merenge (Repeats weekly)
1/12	2 PM	Meet & Greet with Outreach Coordinator Rick Alvarna
1/13	11 AM	Ask a funeral Director w Waitt Funeral Hone
1/14	1:30 PM	Expressive Healing Workshop w Philip Hasouris
1/16	10 AM	Cell Phone Workshop w/OCES
1/21	10 AM	Valentine Button Craft w West Acres
1/22	1:30	"Who Killed Al Spumoni?" Murder mystery game
1/23	2:00	Paint Craft w Augie and Macey
1/27	1:00	Musical Bingo with Brockton VNA
1/28	10 AM	Brockton Fire Presents; Stop Drop and Roll with it
1/30	2 PM	Scams and ID Theft w The office of the Atty General

Outreach Coordinator report presented by Rick Alvernaz and approved by the Board.

Whenever someone's not sure where to send something, they send it to me, and then I determine if I can help them directly or if I should delegate to someone else in the agency. Presenting to elders according to their needs such as alternative housing. We had the open enrollment, which I was helping as best I could with Dottie and Cauna. Contacting OCES on a regular basis to provide referrals for home care services for members that have not had those in the past or don't know what they offer. I could certainly speak to that. As mentioned, my meet and greet is January 12. When people have questions, .I hope to have the answers,

#### Other New Business.

The other new business, we sent out the policy on political activity. We had sent it out before. We made a few adjustments to it. Just want to review it again. Make sure that this group is comfortable with it before we submit it to the law department. And then we can ratify. But we have to submit it to the law department first. Any questions? Any issues? Basically, if someone's running for office, they can't come and do their campaigning here. Especially during our event. If they're invited to come to a function, if we're doing a candidate's night, that's fine. But other than that, you can't come with your nomination papers. You can't come with your flyers when we're having a St. Patrick's Day party or something like that. I think we should make that clear to the candidates. Oh, well, we will. Once we have a policy. Yeah. We have tried in the past, we've verbally apprised them of that sort of thing and nothing has happened. So now we're in a position if we have this as a formal policy, once it's adopted and once someone gets nominated for something, we can send it out and say the same thing applies to everyone. If you're an elected official, we're going to invite you to things. Just because you're running to be an elected official doesn't mean you can come and be here unless you're age eligible and you sign up or something. So has everyone had a chance to review this? I know we made a few tweaks to it after the last time. Does anyone have any further tweaks to it? I think we're good. So at this point, the chair will entertain a motion that we submit this to the law department for review and final approval.

Next meeting Feb 1, 2026 at 10:AM. Meeting Minutes recorded by the Secretary (rcb)