

GRAB-N-GO MENU

Tuesdays	Thursdays
<p>8/4 Baked Chicken with Valdostano Sauce Served over Parslied Penne Pasta Fiesta Vegetable Blend Wheat Bread Cinnamon Peaches</p>	<p>8/6 Roast Pork with Peach Glaze Brown Rice with Orzo Broccoli WW Dinner Roll Strawberry Oatmeal Bar</p>
<p>8/11 Potato Crunch Fish Butternut Squash Zucchini Tartar Sauce Oatmeal Bread Fruited Crunch Bar</p>	<p>8/13 Beef Stew Parslied Potatoes Italian Vegetable Blend Cracked Wheat Bread Caramelized Pears</p>
<p>8/18 Chicken Parmesan w/Tomato Sauce Served over Parslied Penne Pasta Cauliflower Multigrain Bread Fresh Pear</p>	<p>8/20 Spanish Pot Roast Roasted Sweet Potatoes Peas WW Dinner Roll Chocolate Chip Cookie</p>
<p>8/25 Swiss Cheese Omelet Home Fries Pancake w/Syrup Spinach Cranberry Orange Scone Fruited Yogurt Orange Juice</p>	<p>8/27 Alaskan Pollock Herbed Brown Rice Carrots & Cauliflower Tartar Sauce WW Dinner Roll Chocolate Brownie Cookie</p>