

**BROCKTON COUNCIL ON AGING
BOARD OF DIRECTORS MEETING
MONDAY APRIL 6, 2015**

The monthly meeting of the Brockton Council on Aging,
(Board of Directors) Was held on Monday April 6, 2015

Minutes recorded by Richard Drobiak, Recorder for Board of Directors

The meeting was called to order by Chairwoman Lorraine Lalli at 10:05 AM

ROLL CALL: Jane Moyhian absent. All other board members present.

MINUTES OF LAST MEETING: Minutes of 3/2/15 meeting reviewed by board members. A motion was made and approved to accept the minutes.

TREASURER'S REPORT: The Howard Fund report balance is \$86,788.08. A motion was made and approved to accept the Howard Report as submitted.

CORRESPONDENCE: None

REPORT OF THE DIRECTOR: A copy of Director Janice Fitzgerald's report is attached. May is Older Americans month. An explanation as to the activities to celebrate the month are detailed in Janice's report.

REPORT OF THE ACTIVITIES COORDINATOR: A copy of Activities Director Michelle Brace's report is attached. There are many programs offered for seniors. All interested should sign up at the front desk.

REPORT OF THE OUTREACH COORDINATOR:

STOP program meetings are held twice a month.

Dottie has a list of bugs to be aware of and how to prevent contracting them.

May is the 50th anniversary of Medicare.

An annual review of Medicare plan D to verify each individual's coverage is strongly encouraged.

Dottie emphasized the use of Shine Councilors to review medication and services.

Lynne is still busy with fuel assistance. She also does investigations of housing requests.

NEW BUSINESS: Carol Harris and Teddi Bourassa have been appointed the nominating committee for the election of officers to be done in June

DIRECTOR'S REPORT- April 6, 2015

Good Morning! I hope everyone had a nice Easter and Passover.

I only have a few things to mention to you this morning.

- **I hope you will all be able to attend the volunteer luncheon on Monday, April 13. It is one of my favorite events of the year.**
- **There is a new scam out. Let me go over it with you.**
- **We will be celebrating the beginning of "Older Americans Month" on Friday, May 1, 2015. We will have free coffee for the day and we have a Proclamation from the Mayor that will be read by Chief of Staff at 10:15am.**

Each May, the Administration for Community Living celebrates Older Americans Month to recognize older Americans for their contributions to the nation. This year, in honor of the 50th anniversary of the Older Americans Act (OAA), we are focusing on how older adults are taking charge of their health, getting engaged in their communities, and making a positive impact in the lives of others. The theme for Older Americans Month 2015 is *Get into the Act*.

Older Americans Month provides an opportunity to raise awareness of the importance of community engagement as a tool for enhancing the wellbeing of older adults. Together we can promote healthy aging, increase community involvement for older adults, and tackle important issues like the prevention of elder abuse.

- **As you may have noticed, we are following these recommendations in the type of activities and presentations we offer here.**

In closing, we are continuing to grow and I absolutely love the relationships that develop, the overwhelming support from our seniors and our BOD and Friends group and hearing the "word on the street" about how wonderful we are and how we were able to help someone in need.

Thank you for all you do!

**Respectfully submitted,
Janice Fitzgerald, Director**



Chairwoman Lalli outlined the duties of every officer. She encouraged anyone interested in running for office to contact the committee

UNFINISHED BUSINESS: None

OTHER BUSINESS: Chair Lalli commented on the success the two boards have had in heightening public awareness of the programs our COA has to offer. She reminded members that we are all representatives of the COA and play an important role in promoting it.

Next meeting 5/4/2015

Meeting adjourned 10:55.

April's Upcoming Activities and Events

Monday, April 6th Parkinson's Disease from the Caregiver's Lens 1:00PM
Tuesday, April 7th Free Hearing Screenings with Beltone 10:00-11:00AM
Tuesday, April 7th "Spring Special" Congregate meal 12:00PM
Wednesday, April 8th AARP Chapter #3032 37th Anniversary Celebration at 1:00PM
Wednesday, April 8th Diabetes, Medication and Their Effects 1:30 PM
Monday, April 13th S.A.L.T./Triad Meeting 9:30AM
Monday, April 13th COA Book Club at 10:00-11:00AM

National Volunteer Appreciation Week is April 12th-18th

Monday, April 13th **Center closes at 11:00AM for Volunteer Appreciation Luncheon**

Tuesday, April 14th Rejuvenating Hand Massages with West Acres at 1:00PM
Wednesday, April 15th Taxes by Appointment Only 9:00AM-3:30PM
Wednesday, April 15th "Ask Dottie" Super Bugs 10:30AM
Wednesday, April 15th MADD Hatters Luncheon at George's Cafe 12:00PM
Wednesday, April 15th Recycling & You with Patrick Sullivan 1:00PM
Thursday, April 16th Lunch and Learn "Carbohydrates and Your Meal"
Monday, April 20th **Center is closed** for Patriots Day
Wednesday, April 22nd Girl Scout Troop 76062 Pen Pal Meeting 2:30PM
Wednesday, April 22nd Kate Carney in Juliette Low, performance begins promptly at
2:45PM (You must be seated before performance begins)
Wednesday, April 22nd AARP Board Meeting at 1:00PM
Monday, April 27th Free Legal Consults with Erin Shea 9:00AM
Monday, April 27th National Grid Community Education Event 10:00AM
Monday, April 27th S.T.O.P Let's Talk about Diets 1:00PM
Monday, April 27th The Cost of Long Term Care & How to Protect Your Assets 1:00PM
Tuesday, April 28th Music Trivia with Advance Care 1:00PM
Wednesday, April 29th Left, Right, Center 10:30-11:30AM
Wednesday, April 29th "Candida Rose" international vocal artist performs 1:00PM
Sponsored by Braemoor & Brockton Health Center
Thursday, April 30th Diabetes Self Management Workshop begins 1:00PM
Thursday, April 30th Intergenerational Art with Arnone School 1:30PM

Trips

May 18th Twin Rivers Casino
June 1st Foxwoods Casino
June 11th A Flag Day Celebration, A Musical Salute to America
June 18th Beauport Princess Cruise & Rockport

Upcoming Events

Wednesday, May 6th National Nurses Day Luncheon 12:00PM
Thursday, May 7th Day of Beauty and Lunch at S.E. Regional High School 8:30AM
Monday May 11th Mother's Day Luncheon 12:00PM
Tuesday, May 12th Closed for Special Election
Wednesday, May 13th S.A.L.T./Triad Safety & Health Fair 10:00AM-1:00PM