

**BROCKTON COUNCIL ON AGING
BOARD OF DIRECTORS MEETING
MONDAY APRIL 4, 2016**

The monthly meeting of the Brockton Council on Aging,
(Board of Directors) Was held on Monday April 4, 2016

Minutes recorded by Richard Drobiak, Recorder for Board of Directors

The meeting was called to order by Chairwoman Lorraine Lalli at 10:10 AM

ROLL CALL: Al Amoroso, Dan Clague, Irene Clague and Carole Harris excused. Betty Goldsmith absent. All others present.

MINUTES OF LAST MEETING: Minutes of 3/7/16 meeting reviewed by board members. A motion was made and approved to accept the minutes.

TREASURER'S REPORT: The Howard Fund report balance is \$76,382.73. A motion was made and approved to accept the Howard Report as submitted.

CORRESPONDENCE: None

REPORT OF THE DIRECTOR: A copy of Director Janice Fitzgerald's report is attached.

- An additional \$15,000 Formula Grant funds received.
- Janice to meet with Mayor to review Formula grant

REPORT OF THE ACTIVITIES COORDINATOR: A copy of Activities Director Michelle Brace's report is attached.

REPORT OF THE OUTREACH COORDINATOR: A copy of Health Education/outreach Coordinator Dorothy Slack's report attached

NEW BUSINESS: None

UNFINISHED BUSINESS: None

OTHER BUSINESS / ANNOUNCEMENTS:

Chair Lalli reported that the roll call was technically correct because Al Amoroso's and Betty Goldsmith's resignations have not yet been formalized by the Mayor's office.

She also reported that paperwork is in process for 3 candidates to the board - 2 regular members and 1 alternate. We will still be looking for 2 more alternates. She is hoping that paperwork will be processed soon so that we can have a full board for the coming year

The Nominating Committee, Carole Harris and John Kenney, will be contacting members regarding our June election of officers. She described the duties of each office and encouraged members to start thinking about running for office.
Thanks.

Next meeting 5/2/2015 – meeting adjourned 10:40

DIRECTOR'S REPORT- April 4, 2016

Happy Spring!

- The restrooms were cleaned by Stephco and I will be speaking with the Friends to see if we can set up a maintenance schedule to have them done a few times throughout the year.
- The "Community Conversation" event went very well. In attendance were State Rep. Cronin, Garlick and Cassidy. Also Mayor Carpenter was here. Rep. Garlick gave a great presentation on the projected rapid growth of the elder population for the next 10 years. The Mayor was very pleased with the event. I was hoping there would have been more board members there.
- I will be going before Finance tonight for the acceptance of the Formula Grant funds.
- Dottie and I will be meeting with the Mayor on the 5th to go over some things we have been working on, the budget and to bring him up to date on the COA and our Capital Campaign.
- The Capital Campaign committee met again on Friday. The enthusiasm and momentum is good so we are trying to meet every 2 weeks. Dottie is getting into the community more and is making some good connections that may be of great benefit to us as we pursue funds.
- I am looking forward to the Volunteer Luncheon. I hope to see you all there.

Respectfully submitted,

Janice Fitzgerald
Director

Upcoming Events

Monday, April 4th Senior Medicare Patrol: Empowering Seniors to
Prevent Healthcare Fraud 1:00PM

Tuesday, April 5th Spring Special, Congregate Meal 12:00PM

Wednesday, April 6th Antiques & Collectibles Appraisals 1:00-3:00PM

April 10th –April 16th is National Volunteer Week

Monday, April 11th SALT/Triad Meeting 9:30AM

Monday, April 11th COA Book Club 10:00AM

Monday, April 11th Rejuvenating and Pampering Hand Massages w/ West Acres 1:00PM

Monday, April 11th S.T.O.P Healthy Eating for Older Adults 1:00PM

Tuesday, April 12th Free hearing screenings with Beltone by appointment 10:00AM

Tuesday, April 12th Center closes at 11:00AM

Wednesday, April 13th Stamp Unveiling & Benefits of Written Communication 1:00PM

Monday, April 18th Patriot's Day, Center is Closed

Wednesday, April 20th "Ask Dottie" Fall Prevention: Part 2 w/Paul Sullivan 10:30AM

Wednesday, April 20th MADD Hatters "April Springtime" 12:30PM

Wednesday, April 20th Pen Pal Meeting at 3:00PM

Thursday, April 21st Lunch & Learn "The Mediterranean Diet" 12:00 PM

Monday, April 25th Legal Consults with Attorney Erin L.Shea 9:00AM

Monday, April 25th Men's Group 9:30AM

Monday, April 25th S.T.O.P Healthy Eating for Older Adults 1:00PM

Wednesday, April 27th Free Tai Chi Seminar in Honor of National Tai Chi Day 9:15AM

Wednesday, April 27th Jeopardy Style Trivia with Sachem Center for Health at 1:00PM

Trips

Thursday, April 7th Newport Playhouse, "One Slight Hitch"

Sunday, April 17th Reagle Music Theater, "The Country Jamboree"

Tuesday, April 19th Foxwoods Casino

Tuesday, April 26th Special Free Trip to the Brockton Historical Society

Wednesday, May 11th JFK Library & Maggiano's Luncheon

Wednesday, May 18th Elton John & Billy Joel "Tribute Show"

Upcoming Events

The Life of Honey Bees 5/2/16

S.A.L.T./Triad Safety & Health Fair 5/4/16

Creative & Memoir Writing Workshop 5/5/16

Gardening Apron Craft with West Acres 5/9/16

Mother's Day Special Congregate Meal with entertainment by Bill Reidy 5/10/16

Older American Month Trailblazers 5/11/16

Songbirds of the Northeast 5/16/16

Men's Group w/ Numismatist, Richard Hand presents Pearl Harbor Currency 5/23/16

Home Improvement Contractors: What You Should Know 5/25/16

Board Meeting 4/4/16

Outreach Report

77 consultations month of March

192 consultations so far this year

Frank Quinn, certified SHINE counselor will be here on Tues. from 9am-2pm to assist with Medicare applicants.

Frank is a Licensed Social worker and brings lots of experience to the center.

We will be beginning a Stanford educational Program called "Healthy Eating for Older Adults: beginning Mon. 4/11/16. The Healthy living Center of Excellence has provided books and educational materials for this program.

We are taking applications for the Commodity Supplemental Food Program at this time.

Guidelines for the program is as follows: less than \$1276/ month for single adult, less than \$ 1726/ month for a family of two. Must be over 60 years of age.

The COA was part of a Community Collaborative Mtg sponsored by the "Y".

Possibility of a city wide community garden was discussed at the meeting.